

Download Make it Sous Vide! free Meredith Laurence (PDF, ePub, Mobi)



Take the worry out of under- or over-cooked dishes!

Best Selling author, Blue Jean Chef, Meredith Laurence has created easy recipes along with tips, techniques and cooking time charts to guide you through the exciting world of Sous Vide.

Create perfectly cooked mouth-watering steak, juicy chicken, succulent fish and seafood, tender veggies plus incredible egg bites, customized yogurt, individual cheesecakes and more. From healthy to decadent the choice is yours.

Recipes with beautiful photos include: The Perfect Filet Mignon Rosemary Rack of Lamb with Thyme Mushrooms Chicken Breasts with Balsamic Sauce Halibut with Orange Butter Tender Garlic Butter Shrimp Red Wine Vinegar Orange Beets Herb Spiced Potato Wedges Tomato Basil Cheddar Sous Vide Egg bites Custom Yogurt Mini Strawberry Cheesecake Chocolate Raspberry Pots de Crème

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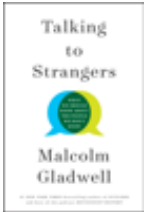
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