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Reader's  
Digest



MY PLANET

FINDING HUMOR IN THE ODDEST PLACES

MARY  
ROACH

New York Times Bestselling Author of *Stiff*

From acclaimed, *New York Times* best-selling author Mary Roach comes the complete collection of her "My Planet" articles published in *Reader's Digest*. She was a hit columnist in the magazine, and this book features the articles she wrote in that time. Insightful and hilarious, Mary explores the ins and outs of the modern world: marriage, friends, family, food, technology, customer service, dental floss, and ants—she leaves no element of the American experience unchecked for its inherent paradoxes, pleasures, and foibles.

## On Cleanliness:

Ed has crud vision, and I don't. I don't notice filth. Ed sees it everywhere. I am reasonably convinced that Ed can actually see bacteria. . . . He confessed he didn't like me using his bathrobe because I'd wear it while sitting on the toilet.

"It's not like it goes in the water," I protested, though if you counted the sash as part of the robe, this wasn't strictly true.

## On the Internet:

The Internet is a boon for hypochondriacs like me. Right now, for instance, I'm feeling a shooting pain on the side of my neck. A Web search produces five matches, the first three for a condition called Arnold-Chiari Malformation.

While my husband, Ed, reads over my shoulder, I recite symptoms from the list. "'General clumsiness' and 'general imbalance,'" I say, as though announcing arrivals at the Marine Corps Ball. "'Difficulty driving,' 'lack of taste,' 'difficulty feeling feet on ground.'"

"Those aren't symptoms," says Ed. "Those are your character flaws."

## On Fashion:

My husband recently made me try on a bikini. A bikini is not so much a garment as a cloth-based reminder that your parts have been migrating all these years. My waist, I realized that day in the dressing ro

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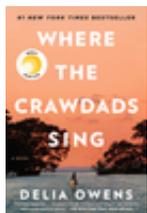


<http://media.woobooks.info/us-1406238792/run-away.html>

A perfect family is shattered in RUN AWAY, the new thriller from the master of domestic suspense, Harlan Coben. You've lost your daughter. She's addicted to drugs and to an abusive boyfriend. And she's made it clear that she doesn't want to be found. Then, by chance, you see her playing guitar in...

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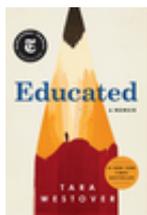


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