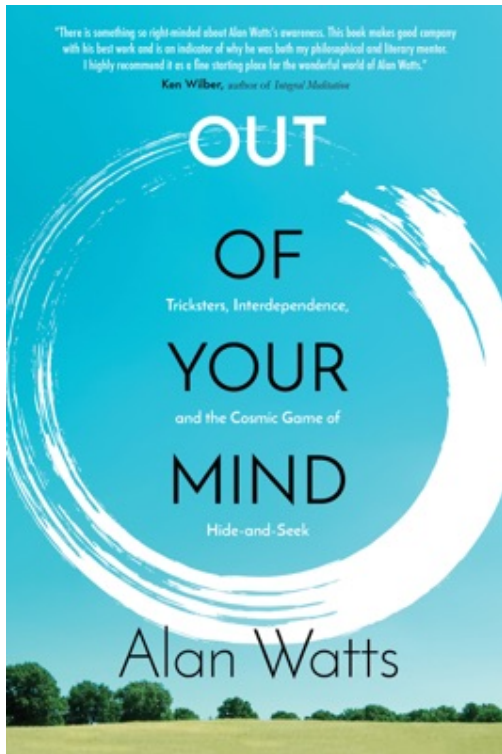


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In order to come to your senses, Alan Watts often said, you sometimes need to go out of your mind. Perhaps more than any other teacher in the West, this celebrated author, former Anglican priest, and self-described spiritual entertainer was responsible for igniting the passion of countless wisdom seekers to the spiritual and philosophical delights of India, China, and Japan.

With *Out of Your Mind*, you are invited to immerse yourself in six of this legendary thinker's most engaging teachings on how to break through the limits of the rational mind and expand your awareness and appreciation for the great game unfolding all around us. Distilled from Alan Watts's pinnacle lectures, *Out of Your Mind* brings you an inspiring new resource that captures the true scope of this brilliant teacher in action.

For those both new and familiar with Watts, this book invites us to delve into his favorite pathways out of the trap of conventional awareness, including:

- The art of the “controlled accident”—what happens when you stop taking your life so seriously and start enjoying it with complete sincerity
- How we come to believe “the myth of myself”—that we are skin-encapsulated egos separate from the world around us—and how to transcend that illusion
- Why we must fully embrace chaos and the void to find our deepest purpose
- Unconventional and refreshing insights into the deeper principles of Buddhism, Hinduism, Western philosophy, Christianity, and much more

título	:	Out of Your Mind
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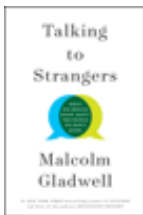
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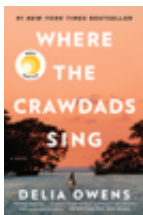
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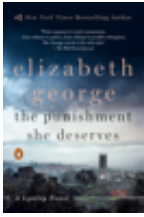
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