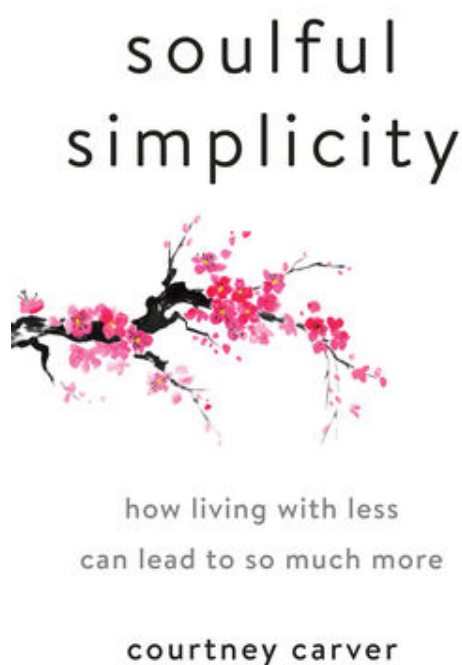


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**Courtney Carver shows us the power of simplicity to improve our health, build more meaningful relationships, and relieve stress in our professional and personal lives.**

We are often on a quest for more—we give in to pressure every day to work more, own more, and do more. For Carver, this constant striving had to come to a stop when she was diagnosed with Multiple Sclerosis (MS). Stress was like gasoline on the fire of symptoms, and it became clear that she needed to root out the physical and psychological clutter that were the source of her debt and discontent.

In this book, she shows us how to pursue practical minimalism so we can create more with less—more space, more time, and even more love. Carver invites us to look at the big picture, discover what's most important to us, and reclaim lightness and ease by getting rid of all the excess things.

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<b>Autor</b>	:	Courtney Carver
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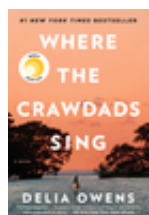


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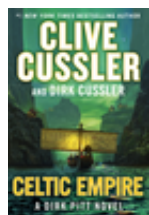


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In James Patterson's new stand-alone thriller, one secret can bring down a government when the President's affair to remember becomes a nightmare he wishes he could forget. Sally Grissom is a top secret service agent in charge of the Presidential Protection team. She knows that something is amiss...

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## [PDF] **The Hookup Handbook**

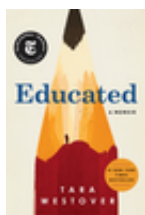


<http://media.woobooks.info/us-1381961489/the-hookup-handbook.html>

My love wand is on a strike. As bad as that blows , pun unintended, it's ten times worse for me. I'm a male escort, but not just any escort, I'm the escort. The one with a mile-long waiting list and a pristine reputation that's very well-deserved. Only now, I'm on...

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