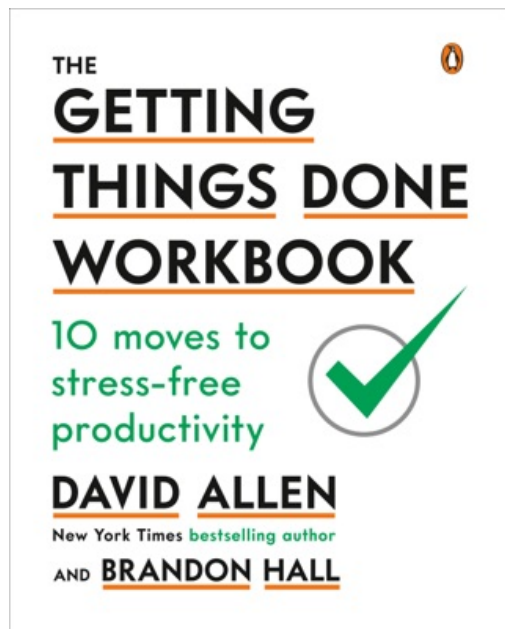


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An accessible, practical, step-by-step how-to guide that supplements *Getting Things Done* by providing the details, the how-to's, and the practices to apply GTD more fully and easily in daily life

The incredible popularity of *Getting Things Done* revealed people's need to take control of their own productivity with a system that reduces the stress of staying on top of it all. Around the world hundreds of certified trainers and coaches are engaged full time in teaching the process, supported by a grassroots movement of Meetup groups, LinkedIn groups, Facebook groups, podcasts, blogs and dozens of apps based on it. While *Getting Things Done* remains the definitive way to gain perspective over work and create the mental space for creativity and mindfulness, *The Getting Things Done Workbook* enhances the original by providing an accessible

guide to the GTD methodology in workbook form.

The workbook divides the process into small, manageable segments to allow for easier learning and doing. Each chapter identifies a challenge the reader may be facing--such as being overwhelmed by too many to-do lists, a messy desk, or email overload--and explains the GTD concept to address. The lessons can be learned and implemented in almost any order, and whichever is adopted will provide immediate benefits. This handy instructional manual will give both seasoned GTD users and newcomers alike clear action steps to take to reach a place of sustained efficiency.

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Autor	:	David Allen & Brandon Hall
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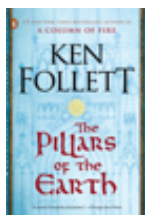
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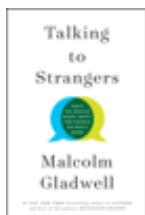
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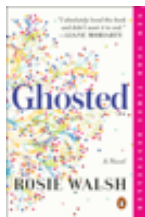
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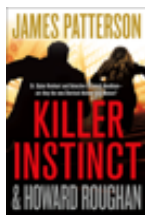
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