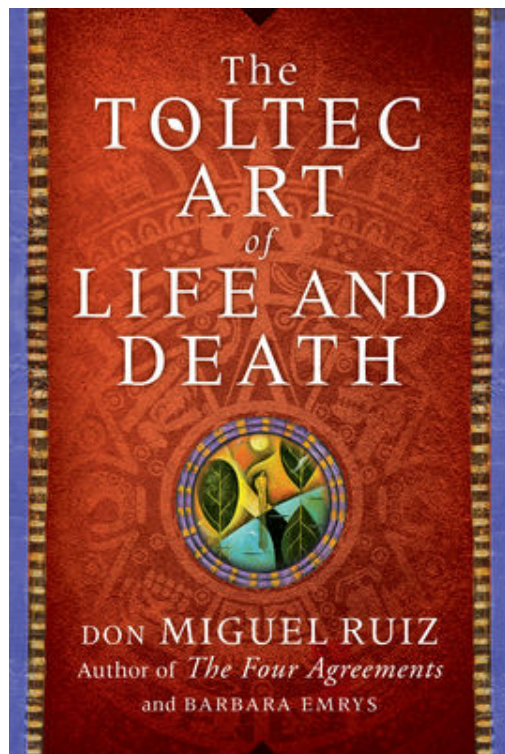


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In 2002, Don Miguel Ruiz suffered a near fatal heart attack that left him in a nine-weeks-long coma. The spiritual journey he undertook while suspended between this world and the next forms the heart of *The Toltec Art of Life and Death*, a profound and mystical tale of spiritual struggle. As his body lies unconscious, Ruiz's spirit encounters the people, ideas, and events that have shaped him, illuminating the eternal struggle between life—unending energy and truth—and death—matter and subjective knowledge—in which we are all called to engage.

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