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Aléjate de las malas decisiones y transforma tu vida para ser feliz.

¿Por qué te aferras a alguien que no te ama? ¿Qué ganas con discutir todo el tiempo? ¿Quién te dijo que hacerte la víctima te garantiza obtener lo que deseas? ¡Ya supéralo!

La dicha no está en quienes te rodean, ¡debes crearla!, deja de culpar a los demás de lo que no puedes resolver, ¿así, o más claro?

Con su estilo incomparable, lecciones de vida, anécdotas y experiencias que han marcado su camino, César Lozano entrega en este libro **los consejos más efectivos para superar** una traición, deshacerte de tu imaginación destructiva, evitar a los vampiros emocionales y alejarte del rencor. Consciente de que ante una pérdida es imposible hablar de superarla, te invita a comprender el dolor profundo para sobrellevarla y hacer menos dolorosa la ausencia o la

muerte de un ser querido.

*¡Ya supéralo! Te adaptas, te amargas o te vas*, te ayuda a decidir siempre por tu bien, a no cargar todos los días tus miedos e inseguridades; el autor, bestseller internacional, te comparte numerosas reflexiones para que te olvides de la perfección que buscas pues sólo te estresa. El libro tiene el propósito de **hacerte más claro y directo el camino hacia el bienestar**.

título	:	¡Ya supéralo!
Autor	:	Cesar Lozano
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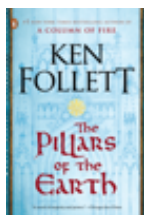
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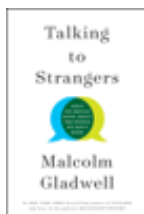


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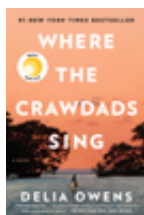


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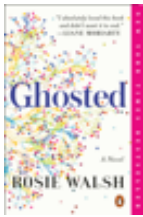


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